



Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily

Monday	Tuesday	Wednesday	Thursday	Friday 🔬 🔬	
Sausages	Chicken Tikka Curry	All Day Breakfast	Mince Pie	VENN Battered Fish	
(14) Quorn Sausage	(7)	(4,7,14)	(2)	(2,5)	1 0 0 0 T
(2)	Vegetable Tikka Curry (7)	Quorn Sausage (2)	Quorn Mince Pie (2,4)	Fishless finger (2)	
Seasonal Mixed Veg	Mushroom, Onion, Peppers	Beans & Tomato	Seasonal Vegetables	Peas	
Mash Potato (7)	Rice	Hash Brown	Mash Potato (7)	Chips	
Chocolate sponge (2,4,7)	Flapjack (2,7)	Apple Crumble & Custard (2,7,4)	Mousse (7)	Rice Pudding (7)	

(2,4,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

## GLUTEN FREE OPTIONS AVAILABLE DAILY

1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs	A CONTRACTOR
5 Fish	6 Lupin	7 Milk	8 Molluscs	
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds	
13 Soya		14 Sulphur Dioxide and Sulphites		





