



Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs	Beef Burger (2)	Lasagne (2,7)	Turkey Dinner	Fish Cakes (2,5)
Quorn Balls (2,4)	Sothern Fried Quorn Burger (2,4,7)	Vegetable Lasagne (2,7)	Quorn Roast (4,7)	Fishless finger (2)
Seasonal Mixed Veg	Baked Beans or Spaghetti	Peas & Sweetcorn	Seasonal Vegetables	Peas
Spaghetti (2)	Twister fries (2)	Garlic Bread (2,7)	Yorkshire Pudding (2,4,7) Roast Potatoes or Mash Potato	Chips
Carrot Cake (2,4,7,13)	Chocolate Crunch & Custard (2,7)	Vanilla Sponge Jam & Sprinkles (2,4,7)	Mousse (7)	Trifle (7)

Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

GLUTEN FREE OPTIONS AVAILABLE DAILY



1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
5 Fish	6 Lupin	7 Milk	8 Molluscs
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
13 Soya		14 Sulphur Dioxide and Sulphites	





THE
SULLIVAN
CENTRE